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Dear **DNA for fun** user!

At the beginning we would like to thank you for ordering our innovative DNA test! We are proud to have the opportunity to examine your DNA sample and we commit to make every effort to gain your recognition. If you have any questions, uncertainty, remarks or tips we encourage you to contact us on [info@dnaforfun.pl](mailto:info@dnaforfun.pl)

Below you can find a 'DNA collection step by step' part which will guide you through this significant process. This is of high importance to fulfill each point cautiously. If the swab gets contaminated, it may result in incorrect DNA examination or impossibility to carry the analysis.

Content of DNA kit:

1. Sterile applicator in plastic casing
2. String bag into which you will put collected swab in a plastic casing
3. Consent for the processing of sensitive data
4. Return envelope

#### **DNA collection step by step:**

1. Ensure you do not eat, drink (drinks other than water), smoke cigarettes nor brush your teeth during 1 hour preceding DNA collection.
2. Take the applicator from the sterile package and holding the yellow cap slide the applicator out from the plastic casing. Brush end cannot touch any non-sterile surface (including your fingers), otherwise it gets contaminated. Touch only a yellow cap and hold the cover in the other hand.
3. Collect your DNA by swabbing internal part of your cheek. The aim is to collect your cheek epithelial cells, from which your DNA will be isolated. Rub as if you brushed your teeth for approx. 20 seconds while rotating the applicator. Make sure the brush not slide from the applicator.
4. Immediately after collecting the swab, place the applicator back in plastic casing and put it into the string bag. Sign the Consent for the processing of sensitive data and put it all back in the box.
5. Place the box in returning envelope and send it to us the same day you collected the swab.

**It is of high importance that brush end of the applicator do not touch any surface other than your cheek.**

The DNA analysis Report will be sent directly to your e-mail.

We wish you a wonderful day,

**DNA for fun team**